

iPhone/iPad Parental Control on Your Child's Device

The steps might differ slightly depending on the version of iOS you're using.

Limiting Screen Time:

1. Go to Settings and tap "Screen Time".
2. Tap "Turn On Screen Time" and then tap "Continue".
3. Select "This is My Child's iPhone/iPad" or
4. Follow the on-screen instructions to set the start and end of downtime. Then tap "Set Downtime".
5. Follow the on-screen instructions to select apps and specify the maximum time your child can spend on those apps each day. Then tap "Set App Limit".
6. Follow the on-screen instructions to create a screen time password and confirm it. This will prevent your child from modifying the screen time settings without the password.

Prevent iTunes & App Store purchases

1. Go to Settings and tap "Screen Time".
2. Turned on "Content & Privacy Restrictions".
3. Tap "iTunes & App Store Purchases" to disallow in-app purchases.

Allow the use of specific apps:

1. Go to Settings and tap "Screen Time".
2. Tap "Content & Privacy Restrictions".
3. Tap "Allowed Apps" and select the apps that you allow the child to use.

Restrict explicit content and content ratings:

1. Go to Settings and tap "Screen Time".
2. Tap "Content & Privacy Restrictions", and then "Content Restrictions".
 - Music, Podcasts, News, Fitness: Clean (prevent the playback containing explicit content).
 - Music Videos: Off (prevent finding and viewing music videos).
 - Music Profiles: Off (prevent sharing what you're listening to with friends)
 - Movies: Select appropriate ratings for movies.
 - TV Shows: Select appropriate ratings for TV shows.
 - Books: Clean
 - Apps: Select age (4+, 9+, 12+, 17+, or all apps)
 - Web Content: Select allowed websites.

Setting screen time password:

1. Go to Settings and tap "Screen Time".
2. tap "Use Screen Time Passcode" to create a passcode, then re-enter the passcode to confirm.

Reference: <https://support.apple.com/en-us/HT201304>