

**Series Summary:** Many parents wonder: Am I getting this right? Am I messing up my kids and setting them up for years of therapy? Raising up the next generation is incredibly hard, but God's timeless truth equips us with the advice and hope we need.

**Sermon Summary:** *Would you just toss your car keys to a child and say "you've got this, you'll figure it out"*? They need more than access to great tools they need maturity, training, practice, and a license. In our digital age what if we are asking our young people to navigate highways of adult maturity and responsibility without training for success?

**Title:** Be Screen Smart **Big Idea:** Help young people safely navigate the digital jungle.

Know: Screens are morally neutral, media is not.Be: An example of digital wisdom.Do: Equip Next Gen with screen guardrails.

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Icebreaker: Share your most used or favorite emojis and why.

**Discussion:** Use as many of these questions as desired as a starting point, not a checklist, to facilitate a conversation that helps people grow deeper with God and each other...

- 1. What was your biggest takeaway from this message?
- 2. How do screens and media shape our behavior? What are some examples of how social media platforms influence user behavior?
- 3. What effects of excessive screen time you have observed in yourself and others?
- 4. Read and discuss 1 John 2:16-17 and Romans 12:1-3. In what ways can we apply these principles to our use of technology and media?
- 5. What steps can we take to model healthy screen habits for the next generation?
- 6. Discuss Deuteronomy 6:6-9. How could this perspective on faith and life help us become influencers of the next generation and their use of technology?
- 7. Discuss ways to foster open communication and trust between adults and young people as a foundation for digital mentorship.
- 8. Share some examples of guidelines or guardrails you have used to help yourself and others with technology. What worked well, what didn't?
- 9. What step will you take this week toward healthy screen use?

**BONUS:** Watch <u>Parenting & Technology</u> on Right Now Media. Read <u>Parenting Generation</u> <u>Screen</u> by Jonathan McKee and <u>Screen Kids</u> by Gary Chapman and Arlene Pellicane

